Stepwise Approach for Managing Asthma
Adapted from Navigating New Age Asthma Therapy
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<table>
<thead>
<tr>
<th>Step</th>
<th>Medication</th>
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</thead>
<tbody>
<tr>
<td>Step 1</td>
<td>Preferred: PRN SABA</td>
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</tbody>
</table>
| Step 2 | Preferred: Low-dose ICS  
Alternative: Mast–cell stabilizer, leukotriene modifier or theophylline |
| Step 3 | Preferred: Low-dose ICS + LABA or medium-dose ICS  
Alternative: Low-dose ICS + leukotriene modifier or theophylline |
| Step 4 | Preferred: Medium-dose ICS + LABA  
Alternative: Medium-dose ICS + leukotriene modifier or theophylline |
| Step 5 | Preferred: High-dose ICS + LABA **AND** consider Omalizumab for patients with allergies |
| Step 6 | Preferred: High-dose ICS + LABA + oral corticosteroid **AND**  
Consider Omalizumab for patients with allergies |

Reference(s):